



2016-01-01-2016-12-17

| Miejsce | Numer | Imię i nazwisko | Kateg. /m-ce | Miejscowość | Klub | Lap1 | Lap2 | Lap3 | Lap4 | Wynik | Płeć /m-ce |
|-------------|-------|----------------------|-----------------|-----------------|--------------------------------|---------|---------|------|------|----------------|---------------|
| Bieg | | | | | | | | | | | |
| 1. | 1330 | Grzegorz SZYMURA | M40 (1.) | Leszczyny | Leszczyny | 20:45,4 | 20:40,5 | | | 0:41:25 | M (1) |
| 2. | 1486 | Damian WIŚNIEWSKI | M30 (1.) | Tarnowskie Góry | GOGLE PAE TEAM | 22:11,8 | 22:36,7 | | | 0:44:48 | M (2) |
| 3. | 1509 | Krzysztof HENSEL | M30 (2.) | Czerwionka | Luxtorpeda Czerwionka | 22:48,4 | 22:47,9 | | | 0:45:36 | M (3) |
| 4. | 1037 | Marek NIESŁON | M30 (3.) | Gliwice | Brak | 22:44,6 | 22:59,9 | | | 0:45:44 | M (4) |
| 5. | 1194 | Grzegorz BRYŁA | M40 (2.) | Knurów | | 22:44,5 | 23:37,1 | | | 0:46:21 | M (5) |
| 6. | 1163 | Dariusz OPANOWSKI | M40 (3.) | Gliwice | | 24:14,0 | 24:20,9 | | | 0:48:35 | M (6) |
| 7. | 1560 | Michał FROGOWSKI | M20 (1.) | Pławniowice | Platfus Szansa | 25:26,6 | 23:12,6 | | | 0:48:39 | M (7) |
| 8. | 1160 | Michał STACHOWICZ | M30 (4.) | Zabrze | MY TRAVEL ZABRZE BIURO PODRÓŻY | 24:40,4 | 24:22,7 | | | 0:49:03 | M (8) |
| 9. | 1542 | Adrian KOTARBA | M20 (2.) | Myszków | Ambitni Amatorzy | 24:10,6 | 24:53,5 | | | 0:49:04 | M (9) |
| 10. | 1406 | Arkadiusz SOPEL | M40 (4.) | Gliwice | OTK Rzeźnik | 24:26,7 | 24:59,9 | | | 0:49:26 | M (10) |
| 11. | 1276 | Michał SKRZYPCZAK | M30 (5.) | Gliwice | | 24:19,0 | 25:15,1 | | | 0:49:34 | M (11) |
| 12. | 1562 | Wojciech KURASIEWICZ | M20 (3.) | Pławniowice | Platfus Szansa | 25:06,2 | 24:30,1 | | | 0:49:36 | M (12) |
| 13. | 1504 | Grzegorz KOWALCZYK | M40 (5.) | Gliwice | | 23:55,2 | 25:55,5 | | | 0:49:50 | M (13) |
| 14. | 1274 | Tomasz POLEWKA | M40 (6.) | Gliwice | UKS Kometa Gliwice | 24:31,1 | 25:22,2 | | | 0:49:53 | M (14) |
| 15. | 1045 | Mariusz KAŁAMARZ | M40 (7.) | Gliwice | run Kazik run | 24:35,2 | 25:24,2 | | | 0:49:59 | M (15) |
| 16. | 1448 | Krzysztof PANZ | M30 (6.) | Gliwice | | 24:57,8 | 25:05,3 | | | 0:50:03 | M (16) |
| 17. | 1500 | Robert RYŃSKI | M30 (7.) | Gliwice | | 24:55,1 | 25:33,2 | | | 0:50:28 | M (17) |
| 18. | 1533 | Mariusz WIETRZYCKI | M30 (8.) | Gliwice | Biegaj z Trenerami | 24:38,6 | 26:26,6 | | | 0:51:05 | M (18) |
| 19. | 1437 | Kamil MAJDA | M30 (9.) | Gliwice | Psychonauci | 25:57,3 | 25:15,8 | | | 0:51:13 | M (19) |
| 20. | 1066 | Adrian CZAUDERNA | M40 (8.) | Gliwice | | 26:07,5 | 25:17,0 | | | 0:51:24 | M (20) |
| 21. | 1028 | Mariusz DOBOSZ | M30 (10.) | Gliwice | GO-leasing | 25:53,9 | 26:10,0 | | | 0:52:04 | M (21) |
| 22. | 1067 | Andrzej DYMICKI | M40 (9.) | Gliwice | | 26:18,4 | 25:51,1 | | | 0:52:09 | M (22) |
| 23. | 1007 | Michał WIKIERSKI | M30 (11.) | Gliwice | | 25:53,3 | 26:20,5 | | | 0:52:13 | M (23) |
| 24. | 1024 | Andrzej KLIKS | M40 (10.) | Sosnowiec | UNISONO | 26:19,3 | 26:02,7 | | | 0:52:22 | M (24) |
| 25. | 5073 | Bartosz MICHALSKI | M40 (11.) | Gliwice | | 25:47,5 | 26:36,8 | | | 0:52:24 | M (25) |
| 26. | 1429 | Radosław ZDANIEWICZ | M30 (12.) | Gliwice | Psychonauci | 26:30,5 | 25:54,1 | | | 0:52:24 | M (26) |
| 27. | 1297 | Przemysław DEJA | M30 (13.) | Zabrze | | 26:09,8 | 26:28,4 | | | 0:52:38 | M (27) |

TIMEKEEPER

...tam gdzie liczy się czas



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|---------|-------|------------------------------|-----------------|-------------|-------------------------|---------|---------|------|------|----------------|---------------|
| 28. | 1337 | Zbigniew KOPSZAK | M50 (1.) | Knurów | AKB-Knurów | 26:13,2 | 26:36,3 | | | 0:52:49 | M (28) |
| 29. | 1344 | Sebastian SEREK | M30 (14.) | Zabrze | | 26:04,8 | 26:58,9 | | | 0:53:03 | M (29) |
| 30. | 1286 | Artur POPIEL | M40 (12.) | Gliwice | | 25:52,2 | 27:45,5 | | | 0:53:37 | M (30) |
| 31. | 5075 | Paweł PRENZENA | M20 (4.) | Zabrze | | 26:22,3 | 27:30,1 | | | 0:53:52 | M (31) |
| 32. | 1307 | Mieczysław DYDEK | M50 (2.) | Zabrze | | 27:02,8 | 26:54,2 | | | 0:53:57 | M (32) |
| 33. | 1150 | Mariusz SŁABICKI | M20 (5.) | Gliwice | | 27:03,5 | 27:07,3 | | | 0:54:10 | M (33) |
| 34. | 1363 | Mieczysław ŚMOŁA | M60 (1.) | Gliwice | AKMB Pędziwiatr Gliwice | 30:03,9 | 24:12,1 | | | 0:54:16 | M (34) |
| 35. | 1389 | Anna SZOŁTYSEK-GRZESIKIEWICZ | K30 (1.) | Gliwice | | 26:47,1 | 27:30,2 | | | 0:54:17 | K (1) |
| 36. | 1423 | Jacek KOŁODZIEJ | M40 (13.) | Gliwice | Night Runner Gliwice | 27:32,3 | 27:09,4 | | | 0:54:41 | M (35) |
| 37. | 1196 | Robert STOLARCZYK | M30 (15.) | Gliwice | Night Runners Gliwice | 28:04,2 | 27:17,0 | | | 0:55:21 | M (36) |
| 38. | 1154 | Tomasz KOPCIK | M30 (16.) | Gliwice | Combat56 | 28:06,8 | 27:32,5 | | | 0:55:39 | M (37) |
| 39. | 1338 | Wiesław MACIEJEWSKI | M70+ (1.) | Knurów | AKB-Knurów | 27:33,5 | 28:06,4 | | | 0:55:40 | M (38) |
| 40. | 1296 | Juliusz DULĘBA | M30 (17.) | Gliwice | | 27:38,0 | 28:04,8 | | | 0:55:42 | M (39) |
| 41. | 1107 | Witek PRZYBYLSKI | M30 (18.) | Gliwice | OTK Rzeźnik | 29:08,9 | 26:39,3 | | | 0:55:48 | M (40) |
| 42. | 1362 | Katarzyna KOPLIN | K30 (2.) | Gliwice | | 26:56,9 | 28:52,0 | | | 0:55:49 | K (2) |
| 43. | 1214 | Barbara MATUSZNY | K40 (1.) | Gliwice | Biegaj z trenerami | 27:47,0 | 28:26,0 | | | 0:56:13 | K (3) |
| 44. | 1172 | Aleksander KAMPKA | M40 (14.) | Gliwice | | 28:08,8 | 28:05,4 | | | 0:56:14 | M (41) |
| 45. | 1387 | Anna GOGOLIN | K30 (3.) | Zabrze | | 28:12,1 | 28:05,3 | | | 0:56:17 | K (4) |
| 46. | 1230 | Joanna BOGUCA | K40 (2.) | Gliwice | Night Rnners Gliwice | 28:42,6 | 27:38,2 | | | 0:56:20 | K (5) |
| 47. | 1525 | Słusznik SŁAWOMIR | M40 (15.) | Gliwice | | 28:04,4 | 28:27,1 | | | 0:56:31 | M (42) |
| 48. | 1537 | Krzysztof ŚMIGAJ | M40 (16.) | Gliwice | | 27:54,3 | 28:42,1 | | | 0:56:36 | M (43) |
| 49. | 1140 | Paweł WIŚNIEWSKI | M30 (19.) | GLIWICE | JW AGAT | 28:33,0 | 28:19,5 | | | 0:56:52 | M (44) |
| 50. | 1531 | Guła BŁAŻEJ | M30 (20.) | Gliwice | | 27:42,5 | 29:12,3 | | | 0:56:54 | M (45) |
| 51. | 1534 | Jan KĄDZIOŁKA | M40 (17.) | Gliwice | | 28:24,0 | 28:31,7 | | | 0:56:55 | M (46) |
| 52. | 1422 | Krzysztof ZARZYCKI | M30 (21.) | Zabrze | Pedziwiatr Gliwice | 28:20,0 | 28:39,6 | | | 0:56:59 | M (47) |
| 53. | 1391 | Marzena WANIEWSKA | K20 (1.) | Gliwice | Fitness Club 24 | 28:59,0 | 28:51,9 | | | 0:57:51 | K (6) |
| 54. | 1131 | Teodozja GDULA | K60 (1.) | Gliwice | | 28:49,2 | 29:21,5 | | | 0:58:10 | K (7) |
| 55. | 1202 | Grzegorz KACZMARCZYK | M30 (22.) | Zabrze | | 29:26,3 | 29:04,2 | | | 0:58:30 | M (48) |
| 56. | 1014 | Wojciech MACHNOWSKI | M30 (23.) | Gliwice | Night Runners | 27:29,0 | 31:02,7 | | | 0:58:31 | M (49) |
| 57. | 1321 | Waldemar BLASZKE | M50 (3.) | Gliwice | Night Runners Gliwice | 28:52,3 | 29:42,6 | | | 0:58:34 | M (50) |
| 58. | 1350 | Łukasz JURKOWSKI | M30 (24.) | Rybnik | SBD ENERGETYK RYBNIK | 29:48,8 | 28:47,5 | | | 0:58:36 | M (51) |
| 59. | 1539 | Sadowski PRZEMYSŁAW | M20 (6.) | Gliwice | | 28:50,9 | 29:52,9 | | | 0:58:43 | M (52) |
| 60. | 1548 | Marcin KUROWICZ | M40 (18.) | Gliwice | | 30:20,6 | 28:26,7 | | | 0:58:47 | M (53) |
| 61. | 1198 | Katarzyna LESISZ | K40 (3.) | Zabrze | | 29:36,6 | 29:26,0 | | | 0:59:02 | K (8) |
| 62. | 1465 | Mateusz KWAŚNIAK | M20 (7.) | Libiąż | | 28:00,1 | 31:05,1 | | | 0:59:05 | M (54) |



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|---------|-------|-------------------------|-----------------|------------------|----------------------------------|---------|---------|------|------|----------------|---------------|
| 63. | 1025 | Łukasz KUCZERA | M30 (25.) | Rybnik | | 30:21,2 | 28:47,0 | | | 0:59:08 | M (55) |
| 64. | 1549 | Monika JAKSIK | K30 (4.) | Katowice | | 29:28,4 | 29:43,4 | | | 0:59:11 | K (9) |
| 65. | 1517 | Paulina SZPILOWSKA | K20 (2.) | PYSKOWICE | | 28:58,6 | 30:14,8 | | | 0:59:13 | K (10) |
| 66. | 1279 | Adriana POPIEL | K30 (5.) | Gliwice | | 29:00,1 | 30:15,1 | | | 0:59:15 | K (11) |
| 67. | 1103 | Artur ZADEBERNY | M40 (19.) | Gliwice | | 29:06,7 | 30:31,4 | | | 0:59:38 | M (56) |
| 68. | 1073 | Agnieszka KRZYSZKOWSKA | K30 (6.) | Gliwice | | 30:20,6 | 31:10,9 | | | 1:01:31 | K (12) |
| 69. | 1440 | Ireneusz MAŚLANKA | M50 (4.) | Gliwice | | 31:49,2 | 31:16,4 | | | 1:03:05 | M (57) |
| 70. | 1018 | Adam WILSZ | M40 (20.) | Paniówki | UNISONO | 31:31,0 | 31:35,1 | | | 1:03:06 | M (58) |
| 71. | 1331 | Edward MLASKAWA | M60 (2.) | Zabrze | | 30:17,0 | 33:38,2 | | | 1:03:55 | M (59) |
| 72. | 1262 | Magdalena KRZAK | K40 (4.) | Sośnicowice | | 32:08,7 | 33:25,9 | | | 1:05:34 | K (13) |
| 73. | 1017 | Ewa WILSZ | K40 (5.) | Paniówki | UNISONO | 32:40,1 | 33:47,1 | | | 1:06:27 | K (14) |
| 74. | 1170 | Anna SIEDLECKA | K30 (7.) | Gliwice | | 32:19,6 | 34:54,0 | | | 1:07:13 | K (15) |
| 75. | 1022 | Barbara HRYSZKIEWICZ | K40 (6.) | Miedary | AKMB Pędziwiatr Gliwice/ UNISONO | 34:26,4 | 34:54,0 | | | 1:09:20 | K (16) |
| 76. | 1109 | Małgorzata PANENKA | K40 (7.) | Nieborowice | Unisono | 34:27,1 | 34:53,9 | | | 1:09:21 | K (17) |
| 77. | 1023 | Agata POGORZELSKA-KLIKS | K40 (8.) | Sosnowiec | UNISONO | 34:27,2 | 34:56,1 | | | 1:09:23 | K (18) |
| 78. | 1265 | Krzysztof BUFNAL | M40 (21.) | Gliwice | | 33:16,5 | 36:33,1 | | | 1:09:49 | M (60) |
| 79. | 1507 | Urszula MENŻYK | K40 (9.) | Stanowice | Luxtorpeda Czerwionka | 34:52,8 | 36:11,9 | | | 1:11:04 | K (19) |
| 80. | 1183 | Lesław KURA | M50 (5.) | Mikołów | UNISONO | 32:54,9 | 39:01,2 | | | 1:11:56 | M (61) |
| 81. | 1436 | Łukasz NAWRAT | M30 (26.) | Gliwice | Psychonauci | 35:09,3 | 37:08,1 | | | 1:12:17 | M (62) |
| 82. | 1458 | Marta DYDYCZ | K20 (3.) | Warszawa/Gliwice | | 36:09,0 | 36:26,5 | | | 1:12:35 | K (20) |
| 83. | 1558 | Joanna BOROWIECKA | K20 (4.) | Gliwice | Szansa | 36:12,2 | 36:25,5 | | | 1:12:37 | K (21) |
| 84. | 1559 | Dawid ŻERDZIŃSKI | M20 (8.) | Pławniowice | Szansa Running | 36:11,1 | 36:37,3 | | | 1:12:48 | M (63) |
| 85. | 1166 | Krzysztof PIETREK | M40 (22.) | Gliwice | | 34:31,9 | 45:12,1 | | | 1:19:44 | M (64) |

Liczba uczestników: 85